

## Down:

- this fruit is red and round and can sometimes be hard to get the seeds out!
- you might \_\_\_ down a hill in the winter after a big snowstorm for fun!
- a warm beverage that is sweet and best with marshmallows on top
- is a thrilling winter activity that you have to go to a big mountain in the winter and ride a chairlift to the top

## Across:

- this falls from the sky in the winter when it is cold and has very pretty details
- an orange vegetable that is delish in a cozy warm soup or stew and is high in vitamin A
- a citrus fruit that is high in vitamin C and you need to peel it to eat it!



SHANNON CLORAN, RD, LDN







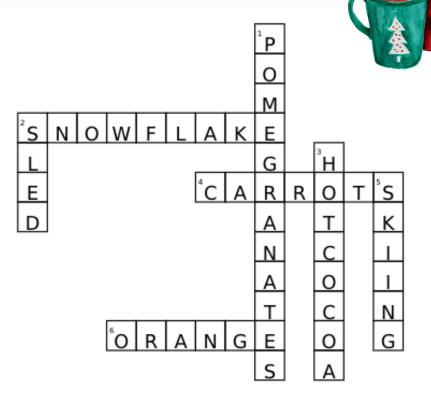
















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